

Woody Carey Scholarships Awarded



Ahkeem



Sedric



Rosee



Dominique



Elijah



Anthony

Congratulations!

The Woody Carey College Scholarship Program was started in the fall of 2013 after the passing of long-term board member Dr. Ellwood "Woody" Carey. Woody served on as a volunteer on the EMCC Board of Directors for over 25 years and held various board positions over his tenure. In addition, Woody was one of the original members of the Center's fundraising group, the EMCC Resource Development Team. He was asked to become a member of the team due to his positive attitude and extensive contacts in the community.

The "Scholarship Program" is a meaningful and long lasting tribute to Woody's legacy, loving spirit, and positive values, especially in the

area of equal opportunities. This program is especially meaningful because when he went to college the scholarships he obtained were essential to him being able to afford to attend. Likewise, the EMCC has awarded six exemplary students with scholarships as a result of this year's awards. ■

Ahkeem Cooper

High School: Madison East High School

College: Madison College

Major: Undecided

"I will take advantage of opportunities to study abroad and step out of my comfort zone."

Rosee Xiong

High School: Madison East High School

College: UW-Madison

Major: Wildlife Ecology

"The ambitions I had were achieved due to the EMCC teaching me how to be a responsible, energetic, caring young adult. When I attended Alternatives to Violence (ATV) classes I learned about what a leader is, what a leader does and how to become one as well as the importance of refining these qualities."

Anthony Gomez

Continuing Student

College: UW-Madison

Major: Chemistry

"As a person of color in a STEM field I want to address the disconnection of social justice issues and how they affect the scientific community."

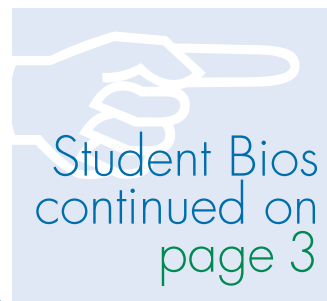
Elijah Holmes

High School: Madison East High School

College: UW-Madison

Major: Psychology

"The EMCC is the place that helped me make friends, become involved with sports, taught me life skills and manners. The behavioral science field lacks African American male psychiatrists which poses a problem for many underserved communities in their ability to provide culturally relevant services. This void has motivated me to become a psychiatrist."



Visit EMCC's website at www.eastmadisoncc.org

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Kid's Garden Gets Cookin'

by Sarah Jacobsen,
EMCC Kids Garden Director

Most days, garden club starts by working in the garden, pulling weeds and watering our plants. After tending to the garden, we harvest the ingredients we need for the recipe we will be cooking that day. One favorite recipe is beet sliders. One day this summer, we picked red and Chioggia beets (really cool striped beets!) from the Kids Garden; we also received a CSA box from Troy Farms that had beautiful yellow beets that week. The kids sliced and sauteed the beets in olive oil with salt and pepper. Then, the beets were placed on toasted french bread and topped with Aioli sauce. The technicolor of the beets entices even the pickiest of eaters and this recipe is so well loved, I call it the "gateway" beet recipe!



In addition to cooking from our garden, we also took a field trip to a farm this summer. On a lovely, crisp summer day, a group of summer day campers and staff boarded a EMCC van and headed to DeForest to pick strawberries at UPick Strawberry Farm. Although the kids were a bit surprised at the "farm smells", they were excited to fill flats with strawberries. After picking strawberries, we visited the farms' animals. They shrieked with delight as the goats ate grass from their hands, flapped their arms and bobbed their heads as they imitated the chickens, and gently petted a shy calf's head. Once we got back to the community center, we



set to work making enough strawberry shortcake for everyone at summer camp. It was a lot of work, washing and cutting 20 pounds of strawberries, but the crew of young chefs had fun, singing songs and dancing with Miss Sarah (Schwab) as they cooked. The hard work paid off when everyone filled the multipurpose room to enjoy our delicious dessert.

With all of the rain we've been getting this year, the weeds have taken over. I'll often come to EMCC Saturday mornings to try to clear out some of weeds. One Saturday, as I was pulling weeds, I hear, "Good Morning, Miss Sarah!" and turn to see lyana walk through the gates. She told me she woke up early that day to work with me in the garden.



YouTH

News



lyana spent two hours in the summer sun happily helping pull weeds and lay wood-chips. One of the many reasons I love this job is the amazing kids I get to work with. Each of them is hardworking, curious, and creative. Gardening can teach patience as they wait for the watermelons ripen, hard work and dedication as they pull weeds and water the plants, and an appreciation of nature as they watch bees fly from flower to flower and hold earthworms in their hands. But as I teach Garden Club, I realize these kids teach me as much as I teach them. While some are pessimistic about the future, it's difficult to be bleak when these kids shine with so much passion and potential. ■

SUMMER CAMP 2017

45 YEARS AND GOING STRONG!

by John Harmelink, EMCC Youth Program Manager

This was East Madison Community Center's 45th Summer Day Camp. Summer day camp started in 1972 in two small apartments in the Truax apartment buildings. It was supervised by current EMCC Director Tom Moen.

This year's Summer Day Camp was eight weeks long and served almost 90 children ages 7 to 14 from all over the east side of Madison. Summer Day camp runs from 8:30am to 4:30pm 5 days a week. The camp is an extension of our yearly programs with a few added programs and field trips. This year's camp was broken into 3 areas: Academic Education, Social Skills, and Physical Wellness.

The Education classes included math, language arts, science, social studies, reading, and nutrition education. The Social skills section consisted of manners class, Alternative to Violence, drug and alcohol prevention, self-esteem improvement, and conflict resolution skills. The Wellness activities consisted of gym activities at the center and outside the center classes such as rock climbing, canoeing, swimming, golf lessons, handball, squash, and many others. ■



Student Bios continued

Sedric Morris, Jr.

High School: Madison West High School

College: UW-Whitewater

Major: Education or Criminal Justice

"My focus will be to improve outcomes for youth, particularly young men of color, while pro-actively advocating for equal economic, political, and social rights, and opportunities for individuals and communities."

Dominique Harvey

Continuing Student

College: Upper Iowa University

Major: Human Services/Social Work

"I want to help children to become the best they can be...with my dedication and desire, I believe that I could have a positive impact on their lives."

Congrats!



THE CAMP WAS A HUGE SUCCESS!



We are on Facebook! On Facebook, we have our up-to-date schedule of events. You will also be able to see pictures of EMCC events. Become a fan, so you stay up-to-date with what is happening in the community.

EMCC **DANCE** Groups Showcased



Performing Ourselves

By Sarah Schwab, EMCC Youth Worker

Performing Ourselves is a dance program that teaches hip-hop and creative dance classes to pre-teens and teens at EMCC. Combining dance education, dance/movement therapy principles, and performance, the Performing Ourselves participants use movement and dance to build leadership skills, confidence, resiliency and connection. Led by Sarah Schwab, EMCC youth staff, and Elisa Hildner, UW-Madison dance major, the EMCC "Extremes" (grades 6-9) and EMCC "Minis" (grades 1-5) spend an hour each week learning new moves and creating their own dances. On May 6, 2017 at the UW-Madison Dance Department, both groups took the stage with approximately 100 dancers from other community centers around Madison to perform in Performing Ourselves' Spring Showcase, "Bridges."

As its third year comes to a close, the group has become a family to the students. Nikia, a dancer with the EMCC Extremes, says she enjoys the dance group so much because "I get to be around people I love, doing what I love the most". Amira, who has been a part of the program since year one says dance is one of the most important parts of her day. "It is my community. It is my family." ■

Breakdance Programs

By Sashe Mishur, EMCC Outreach Worker

The Madison Breakers are a hip-hop dance group hosted by the EMCC for the last nine years. It was the first free dance program in Madison at the time. Up to 80 dancers came to jam twice a week where they teach each other new and old moves. A meal is served at 6:00. They meet from 6:30 to 9:00 pm, Tuesdays and Thursdays year round. This group is for Teens and Adults and performs at local events and competitions.

THE BREAK STARTERS

This is an all-age breakin' group for beginners. The dance seems daunting to them and it is important that they learn a few early moves so that it seems possible. It takes a lot of courage to begin. Staff teach and encourage them to try. Break Starters usually move on to perform with the Electrics or The Madison Breakers.

THE ELECTRICS

The Electrics are a pre-teen and teen girls hip-hop dance company with their own UW trained teacher. They practice a more lyrical form of hip hop and keeps evolving as a beautiful creative form of modern dance. The Electrics meet weekly and the season ends with a grand show on the UW campus dance stage. People from all over the city perform. The day ends with a reception for friends and family and each student is presented with a rose. ■



It is great to present many forms of dance, everyone is welcome. It's the only place in Madison where all programs are free to participants. We are grateful to the volunteers who help make it possible. The staff is patient and skilled, teaching life lessons which the dance illustrates.

..... YOUTH INTERVIEW



Shay Sayles

School: O'Keffe Middle School

Grade: 7th

Years attending the EMCC: 4

Favorite Program: Alternatives to Violence

Hobbies: Softball and Dance

Favorite Food: Hot Wings and Fires

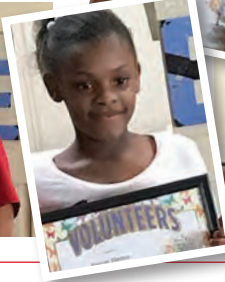
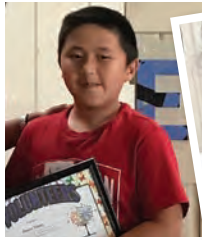
Favorite Color: Pink

Role Models: Martin Luther King, Jr. and Mom

What I want to be when I grow up:
A surgeon or a lawyer

Top Volunteers Honored at Annual Dinner

The EMCC celebrated the spirit of volunteerism at the Annual Volunteer Dinner. On Friday, May 26th, 2017, EMCC staff, volunteers and special guest speaker Velena Jones, of Channel 3 News, gathered at the East Side Club to recognize our many special volunteers. Our Outstanding Youth Volunteer of the Year was **Adonis Pickett** and the Adult Volunteer of the Year award went to **Martha Galston**. Also honored were the **East Madison/Monona Rotary** for Community Non-Profit Partner of the Year and **American Family Insurance** for Community Business Partner of the Year. ■



Three cheers for Volunteers!

Go Green. Recycle Old Appliances.



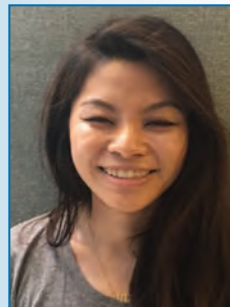
Did you know there is a free program to recycle refrigerators and freezers?

Focus on Energy, Wisconsin's statewide energy efficiency program, offers a \$35 incentive through its Appliance Recycling Program. Visit focusonenergy.com.

And if you're in the market for a new appliance, be sure to look for the ENERGY STAR® label. For more energy-saving tips from Madison Gas and Electric, visit energy2030together.com.



YOUTH WORKER PROFILE



Ann Fong

Age: 26

Job: Volunteer Youth Counselor

Years at EMCC: 2 years

Favorite Program:
Open Recreation

Hobbies: WNBA Basketball and Painting

School: NYU, UW-Madison

Words To Live By: Sometimes you have to work a little to ball out a lot.

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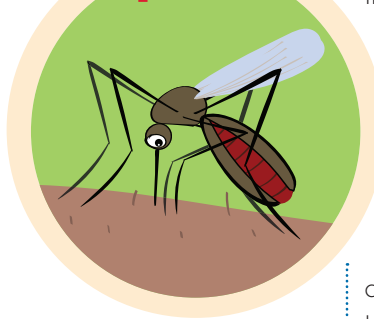
A letter from...

DISTRICT 15
Alderman David Ahrens

Thankfully, we're now past the mosquito season. And it was quite a bad one. The EMCC neighborhood has the heaviest concentration of mosquitoes in the city. During some weeks, the number of mosquitoes was many times greater than average throughout the city. While the average count in the city as a whole, might be a 1,000 caught in a trap, this area might have 10,000.

There is a high number of mosquitoes as a result of Stark-weather Creek, the ponds at Bridges golf course, and the heavily wooded area behind the ball diamond on Staibel. These are all habitats in which mosquitoes thrive.

Those bugs can be a real nuisance and sometimes can make being outside difficult, at best. While spraying yourself with repellents helps, it's not a very appealing notion to spray yourself with chemicals whenever you leave the

Mosquitos!

house. Wearing long pants and a long-sleeved shirt also reduces bites but that can be pretty uncomfortable in the heat of the summer.

Some mosquitoes are not only annoying, they can also make you ill by spreading disease. Every year we have cases of West Nile Virus that kills many birds and makes a few people ill. Very few of the mosquitoes that were caught anywhere in the city had West Nile. The new threat from these insects is the Zika virus which causes birth defects from women who are infected. Fortunately, our long

and very cold winters make it impossible for these bugs to survive from year to year.

When we do find a significant number of mosquitoes carrying West Nile or some other disease the city can spray the area with an insecticide. This is a critical step to take and one that is taken

only when public health is threatened.

Climate change forecasters predict that in the future, Wisconsin will be warmer and wetter. These are perfect conditions for mosquitoes to flourish. So stock up on "OFF" because there will be many more of the State Birds with us in the years to come. ■

I am interested in hearing your views on this and other issues. If you have questions, concerns, problems or opinions about city policies or operations please feel free to contact me at **district15@cityofmadison.com** or **608-334-1156**.

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EMCC FAMILIES & SENIORS OUT & ABOUT



EMCC seniors and families have been enjoying the exploring Madison area events and opportunities. Early in the summer a group enjoyed a visit to the American Family DreamBank where they created dream boards and learned about activities offered in the space. We ended our summer activities with a relaxing pontoon boat ride on Lake Mendota and a picnic at Governor Nelson State Park.

We would love to have you join us on our upcoming field trips. In addition, if you have ideas for field trip opportunities please reach out and let us know by contacting De'Kendra Stamps at 608.249.0861. ■



Big Thanks!



Big thanks to the Alliant Energy Foundation for supporting the Academic Improvement through Minority Mentors (AIMM) Program!

Learn more about EMCC programs at
www.eastmadisoncc.org



FOOD PANTRY

The EMCC Choice Food Pantry

is open Tuesdays from 12 noon to 2pm with sign in starting at 10am. Bring identification and proof of residence to get signed up.

Save the Date



Mark your calendar for these upcoming EMCC Events!

- **Tuesday, October 24th,**
9am to 3pm, Flu Vaccination Clinic
- **Saturday, November 4th**
12 to 3pm, 21st Annual EMCC Bowl-a-Thon at Dream Lanes
- **Monday, December 18th**
6 to 8pm, Pre-Teen Holiday Party
- **Thursday, December 21st**
4 to 6pm, Holiday Food Baskets for residents of Truax and Webb-Rethke CDA Housing

MOST

Madison-area Out-of-School Time

DREAM • EXPLORE • DISCOVER



AFTERSCHOOL PLANS?

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E M C C C E N T E R P O I N T S

EMCC 2017 VOLUNTEERS

Youth Volunteers

Coco (Koriyanna) Fitzpatrick, Amira Hampton, Keyan Harper, Jelonzo Jackson, Adonis Pickett, Mack Rimson, Nikia Rowe, Chashay Sayles, Heaven Thomas, James Xiong, Maleevong Xiong, Richard Xiong

Food/Clothing/Household Items Distribution Volunteers

Kent Fever, Barb Grimm, Pat Haak, Sam Hunter, Janice Johnson, Jon Nash, Lisa Peterson, Quentin Sears, Mylas Sparks, Paul Von Gruben, Minnie Wilson, Ruthie Young, East Madison/Monona Rotary

Resource Development

Larry Hamlin, Bunny Lenburg

Program Volunteers

Pedro Diosardo, Martha Galston, Amanda Toy, Cynthia Walton, Anna Wong, Madison College Service Learning Academy, UW Badger Volunteers

Board Members

Aaron Blacks, Larry Hamlin, Rosie Haskins, Kristina Kuehl, Tracy Lomax, Tom Moen, Cathy McMillan, Kris Rasmussen, Elizabeth Reyes, Tauri Robinson, Marie White-Scott, Mylas Sparks, Sonia Spencer, Sandy Xiong

thanks!



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