



NEIGHBORHOODS USA NEWSLETTER AWARD
FIRST PLACE WINNER!

VOLUME 32 • ISSUE 3 • 2023

The EMCC Bowl-a-thon **STRIKES** again!

On Saturday November 4th, 2023 EMCC held The 27th Annual Bowl-A-Thon fundraiser at Dream Lanes. Dream Lanes has been our generous host for nearly 20 years!



Our guest MC Mackenzie Davis of NBC 15 joined us for her first time and did a great job and is invited to come back next year to join the fun. We also welcomed a plethora of mascots including the Chick-fil-A Cow, Maynard from the Mallards, Disney Princess Mirabel, Disney's Black Panther, Culver's Scoopie, Wolfie from Madison College and of course UW-Madison's Bucky Badger!

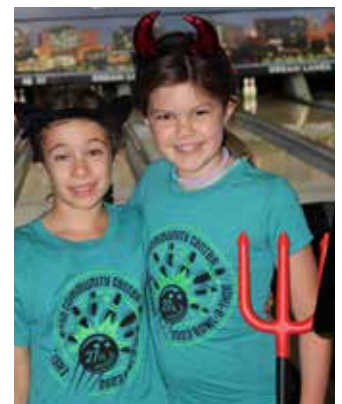
Bucky had to do 64 push-ups, one for every thousand dollars that was raised for EMCC educational programming that totals up to **\$64,000!**

We had many wonderful donations of some great prizes. A special thank you goes out to Natasha Woods who made many phone calls and did pick-ups for the prizes that were given to bowlers. We also want to thank Liv Starck and her family for the wonderful gift baskets that they put together which really put the prize room over the top. Everyone was overjoyed with their prize. Many thanks to Diane Meadowcroft and Natasha Woods for taking pictures as well.

We filled over 20 lanes with bowlers who had a great time.

If you missed this year, you can still join us in November 2024 for the 28th Annual Bowl-a-thon and have a guaranteed afternoon filled with lots of fun!

Lastly, but just as important, a thank you to all of the companies and individuals who sponsored a bowler, a lane or just donated to help us reach our goal, YOU ARE THE BEST! ■



More Bowlathon on
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Visit EMCC's website at www.eastmadisoncc.org

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Bowl-a-thon continued...



THANKS!

TO OUR 27TH ANNUAL EMCC BOWL-A-THON SPONSORS



facebook



We are on Facebook! On Facebook, we have our up-to-date schedule of events. You will also be able to see pictures of EMCC events. Give us a "Like", so you stay up-to-date with what is happening in the community.



YOUTH News

By John Harmelink,
Youth Program Manager

Changing the way kids think

The East Madison Community Center has incorporated classes on getting smarter through developing a growth mindset among youth. When you acquire a growth mindset, you understand that practicing a skill or information can actually change your brain. Kids with a fixed mindset don't believe that they get better at something through practice and problem solving. They often give up and stop working on the skill or situation, this can lead to low self-esteem and stress.

We assist the youth in believing that they can learn new things and improve on skills they already possess. Kids learn that the mistakes are awesome learning experiences and take responsibility for them. Students become their own asset by giving themselves compliments, forgiving themselves for mistakes and reward themselves for their perseverance. Another positive result from developing a growth mindset is to learn to think out of the box when solving problems. The key word we use at the center is "yet." ■

SPECIAL THANKS! GOES OUT TO OUR:

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Players Sports Pub • Rosati's Pizza
Let's Roam Scavenger Hun
Ian's Pizza • Natasha Wood
Olivia Starck and Family
First Tee • Badger Youth Services
Goodman's

MEDIA PARTNERS

Northside News
Post event article

Capital City Hues
Post event article

Madison Media Partners
Ad in the Wisconsin State Journal

Mackenzie Davis, NBC 15
Bowl-a-thon celebrity host

Sandy Wagener, MTH Design
T-shirt design, ad layout
and newsletter



Daily Dose of Social/Emotional Learning (SEL) for EMCC Participants

The center has incorporated a 30 min. lesson in SEL five days a week. For several years there has been a major body of scientifically based research that supports the idea that SEL can have a major impact on children's success in school and in life. SEL provides a foundation for safe and positive learning.

The center incorporates 5 key areas in the program (1) Self Awareness, (2) Self - Management, (3) Social Awareness, (4) Relationship Skills (5) Responsible Decision- Making. Children have stated that the SEL class has helped them regulate their emotions, improve their appreciation for school and help them increase their resilience to trauma and stress. The end result of the program will be youth who value themselves, the community and become productive youth in the community. ■

If you have any questions please contact John Harmelink at 608-000-0000.

Save the Date

28th EMCC Bowlathon
November 2nd, 2024

Are there images that go with these articles?? Or I could find some graphics?

2023 Woody Carey Scholarship Recipients

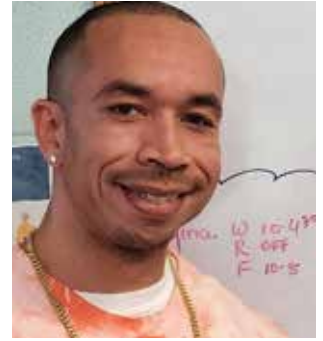
The Woody Carey Community Scholarship Program was started in the fall of 2013 after the passing of long-term board member Dr. Ellwood "Woody" Carey. Woody served on as a volunteer on the EMCC Board of Directors for over 25 years and held various Board positions over his tenure. In addition, Woody was one of the original members of the Center's fundraising group, the EMCC Resource Development Team. He was asked to become a member of the team due to his positive attitude and extensive contacts in the community.

The "Scholarship Program" is a meaningful and long lasting tribute to Woody's legacy, loving spirit, and positive values, especially in the area of equal opportunities. This program is especially meaningful because when he went to college the scholarships he obtained were essential to him being able to afford to attend. Likewise, the EMCC has awarded two exemplary students with scholarships as a result of this year's awards. ■



Janelle Hill

Our first recipient of a scholarship from EMCC is Janelle Hill. You may recognize her as the driver for Badger Youth Services that picks up the children for the First Tee. You may also recognize her as Jaiden Hill's Mom. Well now you may see her in the community as a Certified Nursing Assistant. Janelle attended and graduated from the Neway Directions, Inc. 100 hour intensive CNA program and passed her credentialing test with flying colors. Janelle hopes to someday use all of her skills to open her own business. ■



Joseph Brown

The second recipient of a scholarship from EMCC is Joseph Brown. Joseph Brown is already working in the medical field but was looking for a better career to support his son and himself. After a rigorous application process he was finally accepted into the Respiratory Therapy program at Madison College. Joseph will be finished with the program in May. We wish him all the best in his new career. ■

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BOARD MEMBER PROFILE



Tracy Lomax

Tracy is a native of the Midwest. She was born, raised, and educated in Chicago, Illinois. She attended North-eastern Illinois University for undergraduate studies and Robert Morris University, where she earned her diploma in Business Administration. She is an

entrepreneur, the Affirmative Action Manager in the Department of Civil Rights for the City of Madison, a servant of Jesus Christ, and a board member for the East Madison Community Center.

Tracy has served on the EMCC board for three years and counting. She became acquainted with the EMCC while working alongside her husband Pastor Jeff Lomax, as they offered worship services and community outreach to the Truax community. Tracy has enjoyed working with the EMCC Director Tom Moen, his staff, and youth workers for a number of years and she continues to offer assistance in whatever capacity she can, while showing love and kindness to those whose paths she crosses. Tracy also enjoys singing, traveling, retail therapy, and sharing the love of God with everyone. ■



EMCC FOOD PANTRY

Tuesdays from 11:30 am to 1:30 pm

COMMUNITY PARTNERSHIPS



AMERICAN FAMILY

A team of employee volunteers from American Family spent a few hours at EMCC assisting with the food pantry and household item distribution, cleaning and tidying the garage and weeding in the children's garden. ■



JP CULLEN

JP Cullen volunteers had their hands full with working in the garden and pressure washing the pavement, garbage bins and youth program chairs. Fortunately it was nice weather that day! ■



ASCENDIUM EDUCATION GROUP

Ascendum employees came together and enjoyed some team building while stocking the food pantry, tidying up the First Impressions Room, deep cleaning youth program rooms, organizing school supplies for the back-to-school distribution and lastly, the on-going job of weeding the children's garden. ■



ASSOCIATED BANK

EMCC welcomed a team of Associated Bank volunteers who prepared our direct mailing fundraising letters and spent a good amount of time cleaning and organizing the sports equipment storage area. ■



STARBUCKS

Starbucks employees in Madison chose EMCC for a team building volunteer activity. In less than 3 hours they stocked the emergency food pantry, unloading and stocked for the regular food pantry, weeded and watered the children's garden, assisted with summer camp educational activities. ■

3 CHEERS for VOLUNTEERS!

AMERICAN FAMILY INSURANCE®

American Family Insurance is pleased to help underwrite East Madison Community Center's newsletter.

THANK YOU to American Family for printing Centerpoints!

EMCC ADULT & FAMILY PROGRAMS

FALL FESTIVAL

EMCC and the Truax Neighborhood Association hosted a much-loved event this fall, the Fall Festival. Community members enjoyed caramel apples, a hot lunch, snow cones, bounce house, games, crafts and more! Project Babies also set out games for the little people too. ■



WELLNESS

The Intervene Against Covid-19 Coalition hosted a Community Yoga Class in August. Keena Atkinson of R'oujje Wellness led the session which focused on flexibility, strength-building and stress relief. All ages attended the workshop and appeared to have fun and we hope to host more yoga at EMCC in the future. Thank you to Keena Atkinson, Mya Whitson and Abha Thakkar who hosted the event. ■



NATIONAL NIGHT OUT

EMCC partnered with the Madison Police Department to take part in the National Night Out on August 3rd. National Night Out (NNO) is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live. National Night Out enhances the relationship between neighbors and law enforcement and provides a great opportunity to bring police and neighbors together under positive circumstances.



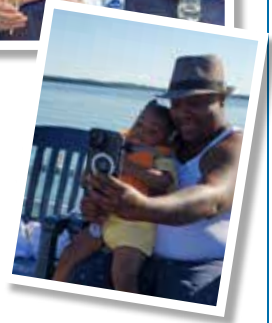
The Madison police academy candidates joined a few summer camp kids to man the ice cream sundae table. The candidates also joined a few pick-up basketball games in the gym which the kids loved! The community enjoyed exciting drone, bike patrol and ladder fire truck demonstrations. Mayor Satya Rhodes-Conway stopped by EMCC's Neighborhood Night

Out with many city staffers and they arrived in style on a trolley! ■



PONTOON TRIPS

The Madison School & Community Recreation (MSCR) pontoon trips are a popular outing with all ages at EMCC. Each year, EMCC hosts trips for summer camp, adults and families. This year, the weather cooperated and we were able to go on all the trips and even enjoyed ice cream at the Monona Bait and Ice Cream Shop. This is always a highlight of the trip. A picnic and ice cream at the park brings the groups together to chat and meet new people from the EMCC community. Special thanks goes out to the many MSCR boat crew volunteers who make the pontoon trips possible and to Lorrie Roosmalen of MSCR who helps us to schedule our many trips. ■



Learn more about EMCC programs at www.eastmadisoncc.org



From the desk of
EMCC Executive Director **Tom Moen**

EMCC Executive Director gives his one-year notice. Thanks for the memories!

Tom Moen, Executive Director of the EMCC since 1974, is winding down a long and rewarding career. Tom, who will complete his 50th year as Executive Director in May of 2024, still savors the joy/challenges of his job and is incredibly proud of his co-workers who have worked with him for so many years. And, of course, there are the generations of kids and families that have called EMCC their "home away from home."

Tom also recognizes a strong opportunity for a smooth transition and a stable, prosperous future for the Center. He will officially resign next fall. A profile of his favorite recollections will be featured in a future issue of the CenterPoint's newsletter. ■

EMCC works to bring PFAS awareness to the community.

EMCC is partnering with Public Health Madison & Dane County to increase awareness and knowledge of PFAS, including its impact on human health. Outreach is focused on people who live along or frequent Starkweather Creek and other affected waterways.

PFAS education is not new to EMCC. The Center has been privileged to work with Maria Powell of Madison, who recently passed away from cancer. We are all saddened by her passing and in her honor, will continue her work of increasing PFAS awareness in the community. Maria worked with several teens at EMCC to teach them about

PFAS and increase awareness at the community level. The EMCC PFAS Awareness Team consists of EMCC staff members and several students from Madison College. The outreach program includes presentations, community events, mailings, posting flyers, PFAS bingo and more. ■

More volunteers are needed with this effort! If you're interested, please reach out Regina McConnell at EMCC. rmcconnell@eastmadisoncc.org

Meet a few of the EMCC PFAS Awareness Team Members



My name is **Alex Kaiser**. I am a student at Madison College and I am on the EMCC team committed to raising awareness about PFAS in the Starkweather Creek Area. I am passionate about the environment, and like many people my age, grew up being devastated about the state of climate change in the world. Witnessing what was happening bred a feeling of helplessness and apathy. I am thrilled to say that today I feel devoted rather than devastated, and animated instead of apathetic. Change happens at the smallest level, and awareness is always the first step! I cannot wait to help in any way I can! ■



Param Bhandare is a returning student at Madison College where he is preparing for further education in civil engineering where he can apply geospatial skills he has been acquiring in various projects in the water, land and building information domains. He is interested in the integrated water systems where contaminant and wastewater treatment is a significant component. While part of the mediating solution can be engineered, there are other practices that can be implemented at an individual level that habituates an intention for safer waters. Param will learn about and expedite strategies for doing this while working with the EMCC. ■



My name is **Sarah Jacobsen** and I am the Kids Garden and Nutrition Coordinator at EMCC. I first got involved with Madison PFAs with Maria Powell and MEJO (Midwest Environmental Justice Organization) a few years ago. It was fascinating and concerning to learn about the PFAs contamination to Madison's local waterways. Years later, awareness and remediation has not moved as fast as I would have hoped so I am so thankful Regina has picked up the torch to help ensure all of us have access to clean water and a safe environment. I am very passionate about education and look forward to helping mobilize the resilient and strong Eastside of Madison! ■



My name is **Sutton Johnson**, a Madison College student pursuing a degree in Architecture. Three years ago, I became a staunch environmentalist. I decided my career and personal life would be devoted to environmental justice. The EMCC provided me with an entrance to the world of environmental activism, as well as opportunities to learn about environmental issues I'd overlooked. ■



My name is **Roxanne Santa**. I'm a student in the Spanish Language Proficiency Certificate Program at Madison College. I'm studying Spanish to help achieve my goal of providing community support to women of color. I chose to volunteer at the EMCC because it provides a comfortable, welcoming environment that allows me to gain the appropriate skills and experience while making a real impact. ■



What Are PFAS?

Per- and polyfluoroalkyl substances (PFAS) are a large, complex group of synthetic chemicals that have been used in consumer products around the world since about the 1950s. They are ingredients in various everyday products. For example, PFAS are used to keep food from sticking to packaging or cookware, make clothes and carpets resistant to stains, and create firefighting foam that is more effective. PFAS molecules have a chain of linked carbon and fluorine atoms. The carbon-fluorine bond is one of the strongest, making these chemicals a concern because they: do not break down in the environment; can move through soils and contaminate drinking water sources; build up (bioaccumulate) in fish and wildlife.



NEIGHBORHOODS USA
NEWSLETTER AWARD
FIRST PLACE WINNER!

Current occupant or

E M C C C E N T E R P O I N T S

EMCC 2023 VOLUNTEERS

Youth Volunteers

Dominic Dean, Nate Fitzpatrick, Sincere Gains,
Antuan Graves-Haskings, Jaiden Hill, Zaniya Lewis,
James Moore, Brayden Maggit

Food/Clothing/Household Items Distribution

Marbeli Bruno, Martha Galston, Rosie Haskins,
Perez Kirkpatrick, Melonita Morment, Tami Niemisto,
Mylas Sparks, Tobi Spatola, Nyriah Tillman, LC Williams,
Ryan Zelen, Community Development Authority East,
East High School, JPCullen, Ascendium Education Group

Program Volunteers

Param Bhandare, Marbeli Bruno, Jamie Freundlich, Martha
Galston, Rosie Haskins, Cynthia Jackson, Sarah Jacobsen,
Sutton Johnson, Alex Kaiser, Olivia Lange, Janvier Mukunzi,
Zach Robinson, Roxanne Russell, Sara Scott, Natasha Woods,
Ascendium Education Group, Associated Bank, JP Cullen,
Madison College Service Learning Academy, FindHelp.org,
Starbucks, TruStage

Graphic Design/Newsletter

Sandy Wagener, MTH Design

Board Members

Erika Brown, Marbeli Bruno, Keia Freeman, Larry Hamlin,
Neri Haried, Rosie Haskins, Tracy Lomax, Jamal Palmer,
Sharon Rice, Tauri Robinson, Je 'Dauri Robinson, J. Alberto
Quiroga, Alex Shade, Bejay Udchitz, Cynthia Walton-Jackson

Resource Development

Larry Hamlin, Bunny Lenburg

thanks!



CenterPoints is published four times per year and distributed free of charge to a circulation of over 3000 by East Madison Community Center, 8 Straubel Ct. For information on CenterPoints articles, copy deadlines or advertising policies, call us at 608-249-0861.

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- Youth Prgm. Mngr.: John Harmelink
- Assistant Youth Prgm. Mngr.: Erics Peters
- Head Youth Worker: Nate Savado
- Admin. Assistant: Typhanny Greene
- Assistant Food Pantry Coordinator/Office Assistant: Martha Galston
- Accountant: Bonnie Krattiger
- Youth Nutrition & Garden Coordinator: Sarah Jacobsen
- Youth Workers: Ashley Bruno, Elijah Smith, Shavonna Williams

CenterPoints is designed in-kind by Sandy Wagener of MTH Design. Special Thanks to American Family Insurance for printing the EMCC CenterPoints.

The East Madison Community Center is a member agency of United Way and is funded in part by the City of Madison and the Community Development Division.

